



# Pembroke Flyers Skydive

Skydive from 10,000 feet and support our patients!

[www.pembrokehospice.org/skydive](http://www.pembrokehospice.org/skydive)

e: [support@pembrokehospice.org](mailto:support@pembrokehospice.org)

t: 020 8102 5407

Pembroke Hospice Charity (part of CLCH Charity, reg. charity no.1120231)



## Overview

### What will the skydive be like?

Unlike anything else you have ever experienced!

You will arrive at the airfield, register for your jump and then complete a 30 minute training session later in the morning.

When it is your time to jump, you will go up in a light aircraft and jump out at around 10,000 feet with your tandem skydiving instructor. **You will freefall for 45 seconds, reaching speeds of up to 200kmph!**

The instructor opens the parachute. The dual control parachute lets you practice canopy control for around 5 minutes and the instructor then controls the landing.

The whole experience from take-off to landing lasts around 30 minutes. At every point your tandem instructor will be in control and tell you what to do.

### When can I skydive?

You can book any day to skydive for us by yourself or with friends. We sometimes organise group days in the Summer if enough people are interested.

### Where is the skydive?

We recommend Chiltern Park Aerodrome, which is about 8 miles north of Reading. This is the closest airfield to West/North-West London.

Full directions and a map are provided at the end of this pack.

# How to take part

Visit [www.pembridgehospice.org/skydive](http://www.pembridgehospice.org/skydive) to register

You will need to complete a registration form and pay a £50 deposit to secure your place.

The cost of the tandem skydive is £250 per person and we ask you to fundraise a minimum of £100 for the charity.

You can skydive for 'free' by fundraising £350 in total and using some of the funds to pay for your skydive.

## What do I have to pay or fundraise and when?

Amount	When	How
<b>£50</b> Deposit to London Parachute School	<b>Upon registration</b>	You will pay this by <b>credit/debit card</b> when registering via our page on the LPS website.
<b>£350</b> fundraised	<b>You need to have fundraised this at least 14 days before the date of your skydive</b>	<b>Online sponsorship</b> and/or <b>Cash raised on sponsorship forms</b> . Funds donated online come directly to us.  This covers the remaining cost of the skydive. If you pay for the skydive yourself, you only need to fundraise £100.
<b>£200</b> for the remaining cost of the skydive	<b>One week in advance if the charity is paying, or on the day of your skydive</b>	We will pay this to LPS one week before your skydive if you have fundraised at least £350.  If paying yourself, you pay by <b>Cash</b> or <b>Card</b> upon arrival at the drop zone.

## Fundraising

A welcoming letter, fundraising pack and a copy of this information pack will be sent to you after registration. The fundraising pack contains tips to make the most of your efforts, sponsorship forms and fundraising/event ideas.

The most effective way of fundraising is to [visit www.pembridgehospice.org/skydive](http://www.pembridgehospice.org/skydive) to **create an online fundraising page**. You can also download the fundraising pack there.

# Frequently Asked Questions

## Is tandem skydiving safe?

Tandem skydiving is statistically the safest of all forms of skydiving. In a tandem skydive you are strapped to an experienced instructor and you both share a modern, extra-large, 'square' parachute.

All skydiving carries an element of risk though and we want to be honest with you about what that means. The injury rate is about 1.1 injuries/1000jumps (about 1 injury per 900 jumps) and varies only a little by gender (slightly higher risk for women). The fatality rate is about 0.21 per 100,000 jumps (1 in 470,000) and there were no tandem fatalities in the UK in the last 20 year block studied by the British Parachute Association (1994-2013)<sup>1</sup>.

## Will I get a photograph or video of my skydive?

There is an additional charge of around £110 on the day if you want a video and photographs of your skydive. This charge pays for your own dedicated skydiving cameraman, who will film/photograph the entire experience from before you take off to after you land.

## Is insurance included?

You will be provided with third party insurance as part of the training fee. This does NOT cover you for personal injury. You can take out personal accident insurance by searching for 'skydiving insurance' online. It is usually around £25-30 per skydive but you must read the fine print of the insurance carefully. Unfortunately we are unable to recommend a provider at this time.

## Are there age/weight limits and health declarations to sign?

You must be at least 16 years old to skydive. People aged under 18 must have their parent or guardian's written permission.

**All participants must sign a health declaration and bring it along on the day of the event. If you are over 40 (or have a pre-existing medical condition) you must also get your doctor to sign the declaration of fitness.**

To do this before signing up, please **download the declaration of fitness from [www.pembridgehospice.org/skydive](http://www.pembridgehospice.org/skydive).**

**The standard weight limit for tandem skydives is 15 stone per person.** You can still jump if you weigh more than this. Just call us on 020 8102 5407 before you book.

## Can I do an unaccompanied skydive?

A lot more training is required before you can do a full unaccompanied skydive, but there are other options available. This includes Static Line and Accelerated Freefall.

Please visit [www.bpa.org.uk/your-first-jump](http://www.bpa.org.uk/your-first-jump) to learn more.

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<sup>1</sup> Information sourced from the British Parachute Association at [www.bpa.org.uk/staysafe/how-safe/](http://www.bpa.org.uk/staysafe/how-safe/)

# Map

## Address

Chiltern Park Aerodrome  
Ipsden  
Wallingford  
OX10 6AS

There is ample parking available on site.

